

What Our Readers Say

"This is the book that every parent with a child newly diagnosed with autism should read first. This book isn't about recommending the right therapies. More important, it is about reminding us parents that the right attitude is needed not only to survive, but to thrive and grow, while on the autism journey. This book speaks to every parent, regardless of where your child may be on the autism spectrum or which therapies you choose for your child, and assures each and every one of us that we have the necessary resources within ourselves to best help our children. It truly is all about attitude."

~ De, Mom (Phoenix, AZ)

"It was definitely a page turner, very thought provoking, and at times, a tear jerker."

~Monica, dog groomer with no connection to Autism (Phoenix, AZ)

"In reading your stories, I felt supported, embraced, and understood. I could see your dedication and devotion to your sons, but you also shared your doubts and fears. This was not a book about the supermom who found the cure for her son (thank goodness!), but a real story about what this journey is like for those of us whose children have more obstacles to overcome on the road to.....where is that road leading to anyway?? Thank you for sharing your story...I will go back and read it again...what a great source of support!"

~ Tami, Mom (California)

"The love you both have for your boys flowed out in every page and I felt privileged that you would share your story. As with any good book, it ended much too soon! Thank you."

~Britta, wellness consultant (Tucson, Arizona)

"It was inspiring and great for any parent to read. Your book left me thinking, which is a sign of a good book! I was moved by your open, direct and heartfelt way of expressing your feelings and thoughts."

~Bonnie, Interior designer, no connection to Autism (Phoenix, Arizona)

"This book is a wonderful guide to help families get out of the "crisis mode" every family goes thru upon hearing of a diagnosis."

~Jamie, Autism Specialist & RDI Consultant (Phoenix, AZ)

□ *"Because of a few other things that happened and a lot because of some particularly poignant passages in your book, I was inspired to reframe my life and how I saw it as not "What would my life have been like without autism?" to "What will my life now become BECAUSE of autism?"□□ These are two very different things!"*

~Nancy, mom (Raleigh, NC)

□ *"I found that your hard earned wisdom can be applied to everyone's life and relationships, and not limited to those living with autism."*

~Ann Goodman, no connection to Autism (Phoenix, Arizona)

Most enlightening! Gayle and Kathy are two gutsy ladies. I have known several people with autistic children, but somehow discussing how they coped always seemed like an awkward and intrusive question. So it was very interesting to hear first hand the problems of what you do when you get sick, go on vacation, have setbacks, encounter insensitive people, etc. The main message I got was that you have to learn to appreciate what you have rather than regretting what you don't have. That's a pretty good philosophy for everyone!

~Ken, professor (Phoenix, Arizona)

“I must say, I really enjoyed reading your book! I got copies for all of my therapists to read because I felt it gave wonderful insight into what parents might be experiencing. I also gave one to my best friend who also happens to have a child with Autism. She enjoyed it also and said it helped her feel less alone and also less tough on herself for some of the thoughts she's had in the past.

Thank you for writing it!”

~Tracy, therapist (California)