

Make Your Day

Written by Gayle Nobel

Monday, 29 October 2012 10:34 - Last Updated Monday, 29 October 2012 17:16

Blog-a-thon Day 29

I dropped Kyle off at Kim's this morning. After almost 16 years, they still spend a few hours together each month. This leaves me two hours to do ???. Sometimes I go to the gym. Not feeling so well this AM so nix that. Sometimes I go to Starbucks and write, delete email, do what I gotta do on my computer.

This morning I discovered a really cool place just a few doors down from Starbucks. 24 Carrots is a vegetarian/vegan/juice bar cafe type place. I got really excited when I saw it. What can I say, it doesn't take much :-). Free wi fi and here I am. I am sipping my Beet It! juice blend drink. Beets, cucumber, carrots, ginger. No kidding. I really do like this kind of stuff. This place has made my day and the day has just begun. Nice quiet low key atmosphere. Perfect for this morning's needs. I might even be tempted to indulge in one of the muffins.

I am facing a huge chalkboard wall full of curvy inspirational quotes. Perfect.

Find something small to make your day today.

Quotacious:

"In life there are many things that catch your eye, but... only a few grab your heart- PURSUE THEM!"

~~Kala Auntie

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"Even if you are on the R

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TRACK

you'll get run over if you just sit there."

~~Will Rogers

"When you want something, the universe conspires in helping you to achieve it."

~~ The Alchemist

"I haven't failed, I've just found 10,000 ways that don't work."

~~Thomas Edison

"It's fun to do the impossible."

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My blog is being rebellious and insists on rotating the picture. It's worth turning your head so you can read the quote about the pig.

