

Every Day is a Great Day!

Written by Gayle Nobel

Monday, 26 September 2011 20:38 - Last Updated Monday, 26 September 2011 21:14

I just logged into Kyle's facebook because I realized I had never finished his profile. "About You" was waiting for completion. I was pleasantly surprised to see that Kim had completed this information. I'm so grateful that she did because what she said expressed it so beautifully...

"I am a tremendously gentle soul. Many times my actions are not understood, as I don't have a verbal way of explaining the feelings that I have. Sometimes, I get so happy that I make loud noises or run around. That is the only thing that I know how to do to show others that I am happy and want to be involved. I don't have a verbal speech way of communicating, but I have many other ways. I use my body, point and use my eyes. Sometimes that is still hard for me, but I am working on it. I love my family and friends and love to go places with them. I want people to know that I am a person who enjoys many of the same things they do, but have different ways of seeing things and experiencing them. I love it when people talk to me and have patience with me. That makes me feel included. Even if I cannot 'say' something back, please know that it means a lot to me for people to notice me and talk to me."

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AND a gem found in "You Can Create an Exceptional Life" by Louise Hay and Cheryl Richardson (which I am currently reading):

Faith= being willing to take chances and keep moving forward without knowing the outcome.

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AND After yoga today, I saw one of the women from the class at the tea shop. I told her "Have a Great Day! She replied, "Every day is a great day!!" Grateful for the reminder. Each day is precious but it's easy to forget so I love when life steps in and taps me on the shoulder.

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AND finally, we are nearing the end of September and the Autism with Attitude back to School Special is almost over. If you order a copy of Breathe, you can receive any other item FREE! "Anything?!?" Yes, but just until Friday. Simply order on [AutismWithAttitude](#) and in the comment section indicate which item you want to receive as your freebie. x