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Written by Gayle Nobel  
Sunday, 02 January 2011 20:43 -

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I am still enjoying the many responses I have received to "One Word". Thank you for sharing how this has resonated with you and your chosen words. I am so inspired by each of you.

These words are individual and personal for all of us. Therefore, to the young man (who will remain anonymous), who has chosen the word "cheese"; this year, more power to you.

It has been fun reflecting on 2010. Some of you may have rolled your eyes when you saw the questions in the previous blog but for me, it has been great closure to 2010 to answer those questions. And besides, any excuse to write always feels good to me.

"Wanna share?" "Wellll, yes I do."

### **What was your biggest triumph in 2010?**

1-Publishing "Breathe" and therefore, becoming an author for the second time.

2-Keeping my sanity after the roughest six weeks in the history of being a mother to Kyle. AND then quickly and successfully (in less than 12 hours) transitioning to host my wonderful French houseguests and then immersing myself in the 100% joy of pre-wedding and wedding moments.

### **What one word best sums up and describes your 2010 experience?**

INTENSE

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Your turn, dear readers. Would love to hear about your triumphs in 2010.

PS My word for 2011 is MORE. More gratitude, more peace, more time, more guts, more support, more life in my life....