

Blog-a-thon Day 22

Aging is ALL ABOUT ATTITUDE!

If good health is in place, it seems to me that 88 ain't what it used to be.

This lady is inspiring (and funny too!) She is the mayor of the sixth largest city in Canada. Her city has NO debt (plus 700 million in reserve funds!) AND she plays ice hockey.

This is worth viewing until the end especially if you've never seen an 88 year old woman in a music video or on ice skates. :-)

<http://www.wimp.com/bestmayor/>

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