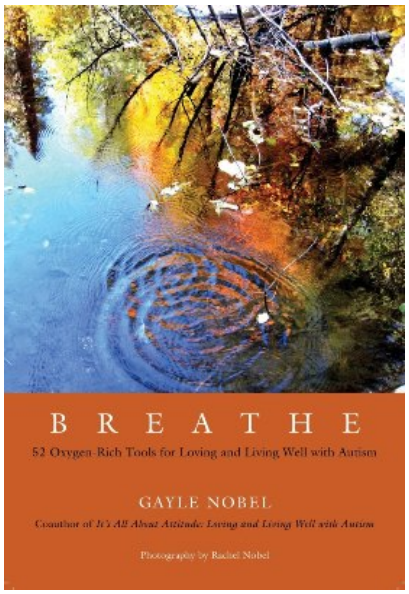


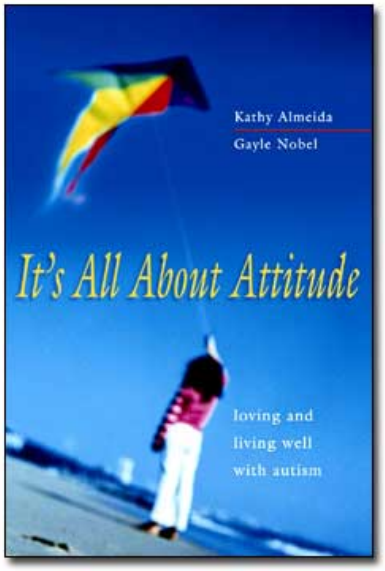
Breathe

52 Oxygen-Rich Tools for Loving and Living Well with Autism

Breathe is full of nourishment, support and inspiration in the form of short stories, hands-on tools, and inspirational photographs.

Born of Gayle Nobel s life-long journey with autism, Breathe offers powerful, life-tested tools for helping parents thrive, rather than merely survive the lifelong journey of living with autism.

Breathe is the latest addition to the autism with attitude toolbox.



It's All About Attitude

It's All About Attitude offers you a new way to see and love the special child you've been given.

Authors Kathy and Gayle, each of whom has raised a son with autism, serve up emotional soul food for parents of children with special needs, no matter the age.

As they learned firsthand, parents facing the challenges of raising a special needs child can transform their lives by changing their attitude - the key to loving and living well with autism and

other differences.

It's All About Attitude Tank

Tanks with attitude!

Black women s tanks with It s All About Attitude in bold white letters across the front. Back of tank is blank.

Ladies 100% cotton tanks are available in M-L-XL-XXL. Tanks run one size small. Size up when ordering.

Wear the message today to remind yourself and others that attitude makes the difference.

Sizes
Medium (Tanks run small) Large Extra Large Extra Extra

It's All About Attitude T-Shirt

Shirts with attitude!

Black unisex t-shirt with "It's All About Attitude" in bold white letters across the front. Back of shirt is blank.

Unisex 100% cotton t-shirts are available in S-M-L-XL. Shirts run true to size.

Wear the message today to remind yourself and others that attitude makes the difference.

Sizes
Small Medium Large Extra Large

MORE tanks with attitude!

Black women's tanks with "BREATHE" in bold white letters across the front. Back of tank is blank. Ladies 100% cotton tanks are available in M-L-XL-XXL. Tanks run one size small. Size up when ordering.

Sizes
Medium (Tanks run small) Large Extra Large Extra Extra Large

Breathe T-Shirt

MORE Shirts with attitude! Black unisex t-shirt with "BREATHE" in bold white letters across the front. Back of shirt is blank. Unisex 100% cotton t-shirts are available in S-M-L-XL. Shirts run true to size.

Sizes
Small Medium Large Extra Large

Breathe Special Edition Inspirational Bundle Good Stuff with attitude! Order Breathe and choose another product to go with it. Choose from any one of the following: It s All About Attitude Book, T-Shirt, or Tank Breathe T-Shirt or Tank Leah Nobel CD featuring the song Attitude is Everything plus 5 more. (see below) Inspirational 5x7 Art with captions: Breathe Now, Gratitude, Resilience, Awareness, Zen, or Rest (see below for details) Extra Special additions for the autism with attitude toolbox

Breathe Book with .....
It's All About Attitude Book Breathe T-Shirt Breathe Tank Shirt Attitude T-Shirt
Breathe Book with .....
Rest 5x7 Art CD w/ Attitude is Everything Option 3
Indicate Shirt Size (S-XXL)

Leah Nobel CD

This CD features the song Attitude is Everything plus 5 more original songs which will soothe your soul and put a smile on your face.

Each song is unique and engaging and Leah s voice is innately soulful and pure.

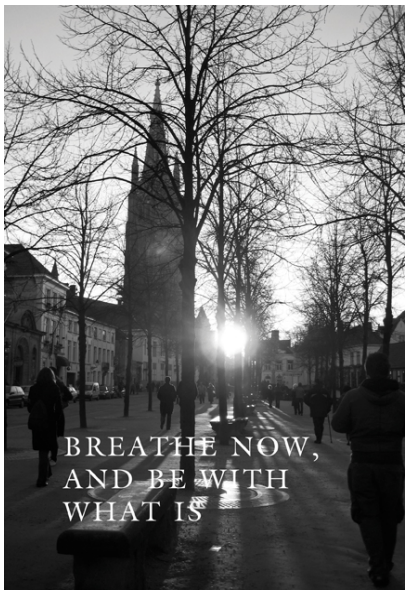
Inspirational Art as featured in Breathe

Each 5x7 high-quality photograph is an exact replica of the original artwork featured with each story in Breathe. Art is a beautiful reminder of the tools in Breathe which will support you on your journey in loving and living well with autism or LIFE!

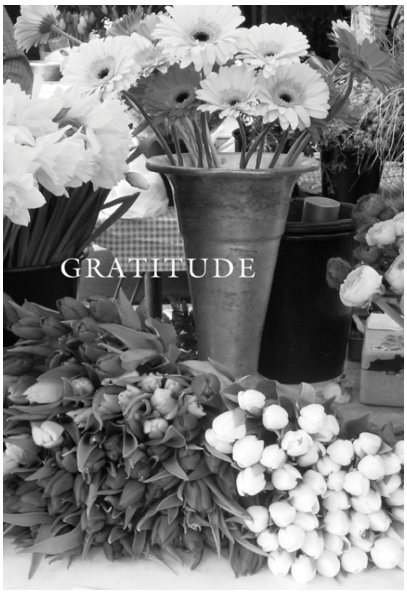
Select print

Breathe Now Resilience Zen Gratitude Awareness Rest

Breathe Now and Be With What Is



Gratitude



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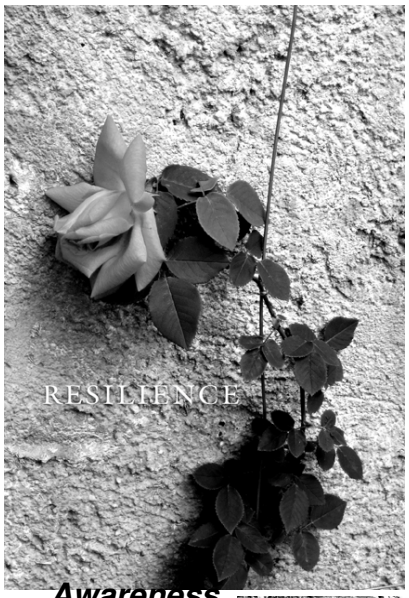
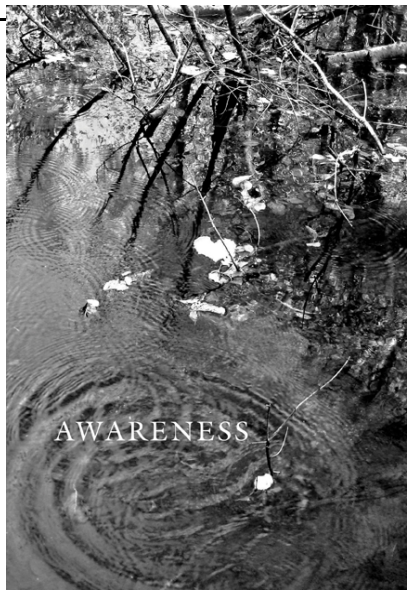


Awareness



Zen

Rest

Breathe Now Resilience Zen Gratitude Awareness Rest